Scarning Pre School

At Scarning Pre School we want the children to enjoy the sun safely.

We work with the children, staff, and parents to achieve this through:

Sun cream

- We ask parents/carers to sign a consent form when registering giving permission for Preschool staff to apply sun cream.
- All parents/carers are asked to provide their own labelled bottle of sun cream, factor 30 or above which does not contain almond oil (Prunus Amygdalus Dulcic oil) due to Preschool being a nut free environment.
- We ask parents/carers to apply sun cream before the child's session and we will top up as required.
- We provide spare sun cream if a child does not have any. This sun cream is available for parents to patch test upon request. We will have a discussion with a parent and seek permission to apply Preschool sun cream if during the session the child does not have any to reapply.
- We ensure sun cream is applied when UV levels reach 3 or above, before periods of outdoor play and reapplied at lunch time if your child attends all day.

Clothing and Sun hats

- We ask parents to provide an appropriate sun hat for use at preschool. preferably a broad-brimmed hat, bucket style or legionnaire to adequately shade neck, ears, and cheeks.
- We have a small quantity of spare hats available if a child does not have one.
- We ask parents to dress children in suitable weather appropriate clothing. Covering shoulders when weather is warmer.
- We ensure that children wear their sun hat outdoors when UV levels reach 3 or above.

Shade

- We provide shaded areas where possible, where children can play outside in our garden area.

- We conduct shade assessments before using our garden area.

- In the warmer weather we monitor, and limit time children spend outdoors according to UV levels and during peak UV hours 11.00am-3.00pm

Monitoring UV

- We are committed to monitoring UV levels daily during warmer months to ensure appropriate sun safety measures are implemented when necessary. The world Health organisation's UV index (UVI) measures ultraviolet radiation. The higher the UVI, the greater the potential for damage and the faster harm can occur. The UVI can help you decide when to protect yourself from the sun and when to avoid being outside. The WHO recommends using shade, sun cream, hats and protective clothing at levels of 3 (moderate) or higher.

Staff and role modelling

- We ensure all staff role model good sun safety behaviours such as applying sun cream and wearing a sun hat when UV levels reach 3 or above. We provide spare sun cream if required.

- We are committed to ensuring staff are actively involved in the implementation of this policy and that they consider the UV forecast and sun protection measures when planning outside play or activities.

Sun safety education

- Children take part in a variety of activities to reinforce the message of being safe in the sun.

- Information is provided to parents via posters, newsletters, on Family and face book.

Hydration

- Drinking water is available inside and outside. Children and staff are encouraged to access regular drinks throughout the day especially during warmer weather.

Name: Signed:

Date:4/9/24 Review: 4/9/25